



Your benefits can help you focus on what matters.

There's a lot to think about when you're planning to start a family and when you bring a new baby home. To help you with everything from planning to welcoming home and raising your new baby, you have access to a benefits checklist. It can help you understand what benefits are available to you and how they can help.



Planning for baby

This section of your checklist can help you keep track of things like finding family planning options or understanding how to initiate your family leave.



Bringing home baby

With so much to manage and so little time to sleep, let this section help with everything from updating your health benefits to finding breastfeeding support.



Raising a family

This part can help you act on time-sensitive items, like adding a new beneficiary to your benefits or starting a savings plan for your child's future.



Scan QR code or visit NetBenefits.com/Parenthood to see your personalized checklist.